

Series: Body Building
Part One: Working Together
Ephesians 4:1-16

Acts 2:1 - "When the Day of Pentecost came, they were all together in one place."

1 Corinthians 12:12-14 - "12 Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. 13 For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. 14 Even so the body is not made up of one part but of many.

Ephesians 1:22-23 - " 22 And God placed all things under his feet and appointed him to be head over everything for the church, 23 which is his body, the fullness of him who fills everything in every way."

A. Put _____ (vs. 1-3)

Ephesians 4:1-3 - "As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love. 3 Make every effort to keep the unity of the Spirit through the bond of peace."

1. _____ - Greek (tapeinos) means "to think less of ones self".
2. _____ - which doesn't mean weak, it means controlled strength.
3. _____ - a characteristic of God, endurance in suffering
4. _____ with one another in _____ - To put up with faults as we even see our own.

Ephesians 2:14 - "14 For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility,"

"Play the right way means play unselfishly, respect others achievements, play hard, fulfill your role." - Greg Popovich (Coach -Spurs)

B. Be _____

Ephesians 4: 4-6 "4 There is one body and one Spirit, just as you were called to one hope when you were called; 5 one Lord, one faith, one baptism; 6 one God and Father of all, who is over all and through all and in all."

C. Know Your _____ (vs. 7-11)

Ephesians 4:7-11 - "7 But to each one of us grace has been given as Christ apportioned it. 8 This is why it says: "When he ascended on high, he took many captives and gave gifts to his people."9 (What does "he ascended" mean except that he also descended to the lower, earthly regions? 10 He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) 11 So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers,"

D. Know Your _____ (vs. 12-16)

Ephesians 4:12-13 - "12 to equip his people for works of service, so that the body of Christ may be built up 13 until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ."

1. _____ in _____ - (vs. 14) - "Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming."

2. _____ in _____ (vs. 15 - 16) -
"Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work." "Without direction the body is aimless. Without love the body is passionless. Without each other the body is useless and without Christ the Body is lifeless."

Notes:
